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ELIZABETH & TAB WILLIAMS ADULT DAY CENTER

Daily Schedule
 7-10AM Arrival & Breakfast
 9-10 Opening Activities
 10-11:30AM Morning Program
 11:30-1PM Lunch
 1-1:30PM Walk for Fitness
 1:30-2:30PM Afternoon Program
 2:30PM Snack
 3-4PM Trans-Aid Departs
 4-6 Extended Activities
 6PM Center Closed



OCTOBER 2016



Mon	Tue	Wed	Thu	Fri
<p>3 <i>Pork Loin</i> <i>Good Morning</i> Brother Verlie: Fields White to Harvest Mini Pizzas <i>Halloween March</i> Bark Point Ramblers</p>	<p>4 <i>Meatloaf</i> <i>Newsweek</i> Outburst for Fall Halloween Tree <i>Kevin on the Keys</i> Native American Traditions Magical Movement</p>	<p>5 <i>BBQ Chicken</i> <i>Food for Thought</i> My Heart Sings w/Sue Tillman <i>Halloween March</i> October Spelling Bee Senior Line Dance w/Claudia Turner</p>	<p>6 <i>Turkey Tertrazzini</i> <i>Devotions</i> Music with Carol & Friends Fall Art <i>Kevin on the Keys</i> Word Games a la Webster Pumpkin Painting</p>	<p>7 <i>Pot Roast</i> <i>Weekend Outlook</i> Pet Therapy/Lennix Spooky Tales for Halloween <i>Halloween March</i> Charity Hampton And her Music</p>
<p>10 <i>Hamburger</i> <i>Good Morning</i> Brother Verlie: Fields White to Harvest <i>Halloween March</i> Sing-a-long with Claudia Kickball</p>	<p>11 <i>Baked Spaghetti</i> <i>Newsweek</i> Black Repertory Living Room Theater <i>Kevin on the Keys</i> Tall Tales & Music with Terry Magical Movement</p>	<p>12 <i>Chicken Pot Pie</i> <i>Food for Thought</i> Whole Note Quartet Sings <i>Halloween March</i> Music with Bob & Sandy Fall Leaf Decoupage</p>	<p>13 <i>Salisbury Steak</i> <i>Devotions</i> Ring-a-lings with Jorie <i>Kevin on the Keys</i> Tasting Nature's Foods Halloween Games</p>	<p>14 <i>BBQ Pork</i> <i>Weekend Outlook</i> There's a Nip in the Air Tai Chi/Catherine <i>Halloween March</i> Photos of Our Time/1:30PM</p>
<p>17 <i>Chopped Steak</i> <i>Good Morning</i> Brother Verlie: Fields White to Harvest <i>Halloween March</i> <i>Sausage/CheeseCracker</i> Octoberfest Fun</p> 	<p>18 <i>BBQ Chicken</i> <i>Newsweek</i> Caveman Cooking class Trivia Adventure <i>Kevin on the Keys</i> Tall Tales & Music w/Terry Magical Movement</p>	<p>19 <i>Pot Roast</i> <i>Food for Thought</i> Ring-a-lings with Jorie <i>Halloween March</i> BINGO PARTY Hawthorne Inn Pet Therapy/Norman/Priscilla</p>	<p>20 <i>Chicken Dumplings</i> <i>Devotions</i> Health Watch: The Eyes have it!! <i>Kevin on the Keys</i> Celebrate Sweetest Day It's Magic: Tricks & Truths</p>	<p>21 <i>Meatloaf</i> <i>Weekend Outlook</i> Pet Therapy/Lennix "O" Word Scramble Tai Chi/Catherine <i>Halloween March</i> One Picture is Worth a 1,000 Words</p> 
<p>24 <i>Beans/Ham</i> <i>Good Morning</i> Brother Verlie: Fields White to Harvest Pumpkin Muffins <i>Halloween March</i> Halloween Chair Yoga</p>	<p>25 <i>Chicken Pot Pie</i> <i>Newsweek</i> Men's Group For Ladies Only <i>Kevin on the Keys</i> Halloween Games & Humor Magical Movement</p>	<p>26 <i>Meatloaf</i> <i>Food for Thought</i> It's the Witching Hour Devotions/Kathy <i>Halloween March</i> October Birthdays Celebrate with Bob & Sandy</p>	<p>27 <i>Pork Tips</i> <i>Devotions</i> Halloween Masquerade Dance Party <i>Kevin on the Key</i> Toot Your Magic Flutes Pumpkin Painting/ WSSU Students</p>	<p>28 <i>Fish Patty</i> <i>Weekend Outlook</i> Pet Therapy/Lennix WEAR ORANGE TODAY Tai Chi/Catherine <i>Halloween March</i> Carving our Jack-o-Lantern</p>
<p>31 <i>Spaghetti</i> <i>Good Morning</i> Brother Verlie: Fields White to Harvest Devilled Eye Balls HALLOWEEN MARCH MONSTER MASH GAME</p>	<p>October <i>Henrietta</i> 10/1 <i>David S</i> 10/1 <i>Gerald</i> 10/3 <i>Deborah</i> 10/4 <i>Ila</i> 10/4 <i>Edna</i> 10/4 <i>Minnie</i> 10/11 <i>Ann M</i> 10/12</p>	<p>Birthdays <i>Carol A</i> 10/19 <i>Shelly</i> 10/22 <i>Dell</i> 10/23 <i>Earline</i> 10/27 <i>Bobbie M</i> 10/31 <i>Bob W</i> 10/31</p>		<p>The Podiatrist will return on Thursday, Nov. 3</p> 