



SENIOR SERVICES
Helping Our Elderly Live With Dignity

ELIZABETH AND TAB
WILLIAMS ADULT
DAY CENTER

MEALS-ON-WHEELS

HELP LINE

HOME CARE

LIVING-AT-HOME

SENIOR LUNCH

ELDER CARE CHOICES

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SKILLED NURSING FACILITIES

Skilled nursing facilities (SNF) offer 24-hour skilled nursing care to individuals who are either recovering from serious injuries, surgery or trauma, or have a chronic illness. Basic services include meals, assistance with eating, bathing, grooming, and toileting. Skilled care includes changing a dressing, monitoring catheters, administering medications, and receiving intensive therapy services.

Medicare may assist with the cost of a short-term stay following hospitalization. In addition to Medicare, skilled nursing facilities accept private pay and may accept long-term care insurance, Medicaid, and VA contracts.

An FL2 form, completed by the client's physician, is required for placement in a skilled nursing facility. The physician's assessment of the level of ability to care for oneself, as well as the nursing facility's evaluation of the level of care needed by the client determines placement in a skilled nursing facility versus an assisted living facility.

When choosing a skilled nursing facility, prospective residents and their families should have the best information possible in order to make the right choice. Determine which qualities of a nursing home are most important for meeting the needs and expectations of your loved one. It's a good idea to do some preliminary research, and then begin making scheduled and unannounced visits to these facilities.

Some areas to consider when evaluating your choice include bed availability, provision of services that the resident will need, affordability, quality, and location. When visiting facilities, ask about the number of staff available to care for residents. These visits can give you insight into the care received by the residents.

During your visits, you may want to observe if there are:

- Cheerful, pleasant, and warm interactions among staff and residents
- Clean rooms, hallways, and meal tables
- Clean, well-groomed, and well-fed residents
- Appetizing meals
- Meaningful and pleasant activities for residents

Please see the reverse side of this sheet for a list of skilled nursing facilities in Forsyth County.

For additional information about skilled nursing facilities, contact the Regional Long Term Care Ombudsman Program for Forsyth County at 336-761-2111.

To obtain the latest state survey information on skilled nursing facilities in Forsyth County, visit www.medicare.gov and click on "Compare Nursing Homes in Your Area".