



SENIOR SERVICES
Helping Our Elderly Live With Dignity

ELIZABETH AND TAB
WILLIAMS ADULT
DAY CENTER

MEALS-ON-WHEELS

HELP LINE

HOME CARE

LIVING-AT-HOME

SENIOR LUNCH

ELDER CARE CHOICES

Senior Services, Inc.

2895 Shorefair Drive

Winston-Salem, NC 27105

www.seniorservicesinc.org

HelpLine@seniorservicesinc.org

336-724-2040

ASSISTED LIVING FACILITIES

Assisted living facilities (ALF) are communities that provide daily assistance and supportive services, but offer less intensive care than skilled nursing facilities. Meals and snacks are provided. Assisted living facilities may offer more than one level of care or offer special care units for residents with Alzheimer's disease and related dementias. All are currently licensed by the state as adult care homes.

Payment arrangements vary among assisted living facilities. All facilities accept private pay residents and some accept Medicaid Special Assistance reimbursement. For more information about the Special Assistance Program through Medicaid, contact The Department of Social Services, Medicaid Office at 336-703-3502.

When choosing an assisted living facility, look for facilities based on location, level of care needed, and fees. Contact the facilities and ask to speak with the marketing director or admissions coordinator to request an information packet and to discuss the specific needs of your loved one. Then schedule a visit to the facility.

During the scheduled visit, ask if the facility provides:

- Assistance with personal hygiene
- Medication administration
- Nutritious meals and snacks and special diets
- Special on-site services, i.e. beauty/barber shop, laundry, housekeeping
- Social and religious activities
- Transportation for outings and for medical appointments
- Security system

Ask the admissions coordinator or marketing director about:

- Bed hold and discharge policies
- Payment accepted, i.e. Medicaid, private insurance (Medicare does not pay toward the cost of assisted living placement.)
- Visiting hours

Observe these things as you tour the facility:

- General appearance of the facility, residents, and staff
- Interaction between residents and staff and among residents
- Lighting in common areas and bedrooms
- Unpleasant odors or conditions
- Appearance of meals and the dining environment

Please see the reverse side of this sheet for a list of assisted living facilities in Forsyth County.

For additional information about assisted living facilities, contact the Regional Long-Term Care Ombudsman Program for Forsyth County at 761-2111.

This information is provided to the consumer by Senior Services' Help Line (724-2040), a hub of the Forsyth County Community Resource Connection. 2/2010