



**SENIOR SERVICES**  
 Helping Our Elderly Live With Dignity

ELIZABETH AND TAB  
 WILLIAMS ADULT  
 DAY CENTER

MEALS-ON-WHEELS

**HELP LINE**

HOME CARE

LIVING-AT-HOME

SENIOR LUNCH

ELDER CARE CHOICES

Senior Services, Inc.

2895 Shorefair Drive

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[HelpLine@seniorservicesinc.org](mailto:HelpLine@seniorservicesinc.org)

**336-724-2040**

## CONTINUING CARE RETIREMENT COMMUNITIES

Arbor Acres	1240 Arbor Road Winston-Salem, NC 27104	724-7921
Brookridge Retirement Community	1199 Hayes Forest Drive Winston-Salem, NC 27106	759-1044
Salemtowne	1000 Salemtowne Drive Winston-Salem, NC 27106	767-8130

Continuing care retirement communities (CCRC's) offer independent living, assisted care, and skilled nursing in a campus-like setting. Some CCRC's have a religious affiliation, while others are owned and operated by a company or corporation. A minimum age requirement is necessary for admission.

Residents must be in good health upon admission to the independent level of care. As a person's health requires more assistance, the resident is moved to an assisted living unit and then on to the skilled nursing unit when necessary. Many continuing care retirement communities offer care in the assisted living and skilled care facilities for others in the area that are not members of the retirement community.

Services include meals, medical care, housekeeping, 24-hour security, social activities, and perhaps even pools, tennis courts and golf courses. Many have exercise facilities, a library, a beauty/barbershop, a branch bank and other amenities.

Payment is a combination of entrance fees or buy-ins, monthly rent and medical fees. Resident contract arrangements will vary with the community.

This information is provided to the consumer by Senior Services' Help Line (724-2040), a Hub for aging resources and assistance in Forsyth County, affiliated with the North Carolina Community Resource Connections for Aging and Disabilities. 09/2009